

2017 Youth Risk Behavior Survey - Grades 6, 8, 10 & 12 Arlington

Percent of Arlington Youth (Grades 6, 8, 10 & 12) by risk behavior or characteristic - Trend Tables

<i>Exercise & Activities</i>				
Physically active 1+ hours per day on fewer than 5 days past week	2007	2010	2013	2017
Grade 6	52	43	34	36
Grade 8	63	48	47	45
Grade 10	59	51	52	52
Grade 12	66	58	66	63
Physically active 60 minutes, 7 days past week	2007	2010	2013	2017
Grade 6	na	na	35	36
Grade 8	na	na	24	31
Grade 10	na	na	25	23
Grade 12	na	na	17	16
Did not play on any sports teams, past year	2007	2010	2013	2017
Grade 6	32	33	23	25
Grade 8	31	33	31	31
Grade 10	37	37	36	35
Grade 12	45	46	51	47
Watching TV 3+ hours per school day	2007	2010	2013	2017
Grade 6	25	25	19	24
Grade 8	32	22	23	37
Grade 10	31	25	23	42
Grade 12	29	25	23	45
Playing computer or video games 3+ hours per school day	2007	2010	2013	2017
Grade 6	12	13	12	16
Grade 8	23	19	24	20
Grade 10	26	26	25	23
Grade 12	25	26	27	22
Total recreational screen time 3+ hours per school day	2007	2010	2013	2017
Grade 8	59	49	41	48
Grade 8	63	53	53	67
Grade 10	62	58	52	90
Grade 12	63	59	71	77