

Week of Sharing Wisdom



SUGGESTED TOPICS for PARENT CHATS

What is your group interested in talking about? Feel free to use this list or come up with your own.

We find that a little structure is helpful for the conversation. Start by opening the topic for discussion; take turns sharing successes, concerns and, issues; discuss strategies and solutions.

- Parent/child communication
 - Getting them to listen to us
 - Getting us to listen to them
- Use of devices/electronics (screen time)
- Social media/phone/texting
- Alcohol/drug use/opioids
- Following directions (or not following)
- Rules / Discipline / Consequences
- Temper tantrums/moods
- Developmental stages (what to expect at their age)
- Managing HW and studies
- Housework, chores, and contributing at home
- Allowance and financial management
- Extra-curricular activities (Too much? Too little?)
- Stress
- Curfews
- Dating/relationships
- Sexuality
- Driving