

External Assets

SUPPORT

1.	FAMILY SUPPORT Parent(s) or caregiver(s) express love and provide high levels of help and support.	70%
2.	POSITIVE FAMILY COMMUNICATION Young person is comfortable talking with parent(s) or caregiver(s) and will talk to them about concerns or serious issues.	29%
3.	OTHER ADULT RELATIONSHIPS Young person has three or more supportive non-parent adults in his or her life.	45%
4.	CARING NEIGHBORHOOD Young person has neighbors who care about her or him.	35%
5.	CARING SCHOOL CLIMATE Teachers, administrators, and other students care about and encourage the young person.	35%
6.	PARENT(S) or CAREGIVER(S) INVOLVED IN SCHOOL Parent(s) or caregiver(s) actively help the young person succeed in school.	23%

EMPOWERMENT

7.	COMMUNITY VALUES YOUTH Young person feels that adults listen to youth and see them as important.	20%
8.	YOUTH AS RESOURCES Young people have useful roles at home, at school, and in the community.	28%
9.	SERVICE TO OTHERS Young person volunteers in the community one hour or more per week.	50%
10.	FEELS SAFE IN COMMUNITY Young person feels safe at home, school and in the neighborhood.	52%

BOUNDARIES AND EXPECTATIONS

11.	FAMILY BOUNDARIES Parent(s) or caregiver(s) has clear rules and consequences and knows where the young person is going and with whom.	39%
12.	SCHOOL BOUNDARIES School provides clear rules and consequences.	49%
13.	NEIGHBORHOOD BOUNDARIES Neighbors will say something if the young person is acting inappropriately	43%
14.	ADULT ROLE MODELS Parent(s), caregiver(s), and other adults model positive behavior, helping others and making healthy choices.	32%
15.	POSITIVE PEER INFLUENCE Young person's close friends make responsible, positive choices.	70%
16.	HIGH EXPECTATIONS Parent(s), caregiver(s), and teachers encourage the young person to do his or her best while at school and in other activities.	52%

CONSTRUCTIVE USE OF TIME

17.	CREATIVE ACTIVITIES Young person spends three or more hours per week in lessons or practice in music, art, drama, or dance.	18%
18.	YOUTH PROGRAMS Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in his or her community.	64%
19.	RELIGIOUS COMMUNITY Young person attends religious programs or services for one or more hours per week.	46%
20.	TIME AT HOME Young person is at home, or engaged in structured activities, 5 or more nights per week.	70%

Internal Assets

COMMITMENT TO LEARNING

21.	ACHIEVEMENT MOTIVATION Young person tries to do her or his best in school.	73%
22.	SCHOOL ENGAGEMENT Young person comes to class prepared and ready to learn.	58%
23.	HOMEWORK Young person does at least one hour of homework on school days.	69%
24.	BONDING TO SCHOOL Young person cares about his or her school.	60%
25.	READING FOR PLEASURE Young person reads for fun or enjoyment three or more hours per week.	23%

POSITIVE VALUES

26.	CARING Young person feels it is important to help other people.	63%
27.	EQUALITY & SOCIAL JUSTICE Young person feels it is important to promote equality and reduce hunger and poverty.	66%
28.	INTEGRITY Young person stands up for her or his beliefs and does the right thing, even if friends make fun of her or him.	76%
29.	HONESTY Young person tells the truth even when it's not easy.	66%
30.	RESPONSIBILITY Young person takes personal responsibility for his or her actions.	64%
31.	RESTRAINT Young person believes it is important to not be sexually active or to use alcohol or other drugs.	40%

SOCIAL COMPETENCIES

32.	PLANNING & DECISION-MAKING Young person thinks through decisions, and is able to plan ahead.	34%
33.	INTERPERSONAL COMPETENCE Young person cares about others' feelings and is good at making and keeping friends.	40%
34.	CULTURAL COMPETENCE Young person is comfortable with, and respects the values and beliefs of, people of different cultural, racial, and ethnic backgrounds.	53%
35.	RESISTANCE SKILLS Young person can say no and avoid things that are wrong or dangerous.	46%
36.	PEACEFUL CONFLICT RESOLUTION Young person attempts to work out conflicts in a nonviolent manner.	53%

POSITIVE IDENTITY

37.	PERSONAL POWER Young person feels he or she has control over "things that happen to me."	42%
38.	SELF-ESTEEM Young person feels good about her- or himself.	47%
39.	SENSE OF PURPOSE Young person reports that "my life has a purpose."	57%
40.	POSITIVE VIEW OF FUTURE Young person is optimistic about his or her personal future.	68%