

2013 Youth Risk Behavior Survey - Grades 8, 10 & 12 Arlington

Percent of Arlington Youth (Grades 8, 10 & 12) - YRBS Data for 2013

<i>Individual Characteristics - Race/Ethnicity</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
American Indian	7	8	7	6	6	6
African-American	17	17	16	19	18	15
Asian	15	13	15	16	16	14
Pacific Islander	3	4	3	3	3	3
White	55	57	57	52	53	58
Latino ethnicity	31	32	29	32	33	29
<i>Individual Characteristics - Gender</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Male	46	43	48	47		
Female	51	53	49	52		
Transgender/Not Sure*	3	4	3	1		
<i>Individual Characteristics - Sexual Orientation</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Heterosexual/Mostly Heterosexual	95	95	94	95	98	94
Lesbian/Gay/Bisexual	5	5	6	5	3	6
<i>Family, School and Community</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Lives with both parents	62	64	63	60	64	63
Mother graduated from college	56	56	62	52	54	59
Mostly A's and B's in school	77	75	80	74	74	81
Does at least 1 hour of homework per night	60	58	68	54	54	65
Willing to discuss serious issues with parents	53	54	55	50	52	54
Willing to discuss serious issues with other adults	51	47	50	55	51	53
Knows well three or more adult role models	83	80	80	88	81	86
Knows well three or more adults who do things that are wrong or dangerous	16	10	17	17	17	13
Agree, in my town I matter to people	41	40	39	43	41	41
Agree, in my town adults listen to me	38	37	38	38	38	37
<i>Physical Health</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
In poor or fair health	8	9	8	8	6	9
Did not have physical in past year	27	30	21	31	27	26
In poor/fair health and did not have a physical	48	56	39	49	48	39
Sleeps less than 8 hours on school nights	67	55	69	78	62	71
<i>Mental Health</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Felt sad or hopeless for 2+weeks in past year	25	19	26	29	18	29
Suicide attempt, past year	5	6	5	5	4	6
Suicide attempt resulted in medical treatment, past year	1	1	1	1	1	1
<i>Safety</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Never or rarely wears helmet while riding a bike	30	30	32	30	39	22
Never or rarely wear seatbelt	6	9	6	4	7	5
Rode with a drinking driver, past 30 days	19	16	20	22	19	18
Drove after drinking alcohol, past 30 days	6	4	5	10	6	5
Drove while texting, past 30 days	15	5	9	32	15	13
<i>Internet Safety</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Has met strangers online	51	49	54	50	58	45
Had a scary/uncomfortable online experience	25	26	27	22	20	29
Rarely/never use sunscreen (SPF 15 or higher) when outside for more than one hour on a sunny day	65	58	66	69	75	57

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<i>Bullying</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Victim of bullying, past year	20	27	19	14	16	24
Victim of bullying at school, past year	17	23	16	11	15	18
Victim of cyberbullying, past year	12	14	11	11	7	16
Agree, bullying is a serious problem at school	24	28	24	20	21	26
Agree, bullying is a serious problem in the neighborhood	9	12	7	8	8	8
Agree, adults try to help if told about bullying	65	61	64	71	64	67
Agree, adults think bullying is a small problem	22	19	19	28	23	21
<i>Violence and Weapons</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Carried a weapon, past month	9	12	7	8	12	4
Carried gun, past month	3	3	4	1	3	0
Carried weapon to school, past month	3	3	3	2	3	1
Missed school due to safety concerns, past month	5	7	4	2	3	5
Threaten/Threatened/injured with a weapon at school, past year	4	6	4	1	4	2
Victim of property crime at school, past year	21	24	22	16	22	18
In a physical fight, past year	19	24	18	13	27	10
In a physical fight and had to be treated by doctor or nurse, past year	3	5	2	2	4	1
In a physical fight at school, past year	9	12	9	5	15	2
<i>Dating Violence</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Physically hurt by boyfriend or girlfriend, last year	5	6	6	4	5	4
Physically hurt 4+ times by boyfriend or girlfriend	1	1	2	1	1	1
Ever forced to have sexual intercourse	7	5	6	9	4	6
Forced to have sexual intercourse 4+ times	1	1	2	1	1	1
Ever had a partner who always needs to know whereabouts	15	9	14	20	14	14
Ever had a partner who verbally abuses	10	8	9	12	7	12
<i>Sexual Activity</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever had sexual intercourse	31	9	27	52	34	26
Sexually active before age 13	4	3	4	5	5	2
4+ sexual partners in lifetime	9	3	6	16	12	4
Currently sexually active, past 3 months	20	7	16	36	21	19
Used alcohol/drugs before sex, last time	8	3	7	13	10	5
Used condom last time had sex, among sexually active youth	64	50	71	62	68	64
Used reliable birth control, last time had sex, among sexually active youth	77	73	78	78	77	78
Ever gotten (someone) pregnant	7	7	6	6	4	7
Responsible sexual behavior**	90	91	89	91	90	92
<i>STIs</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever tested positive for any STI	14	5	14	20	15	12
Taught about HIV/AIDS in school	89	81	94	92	89	90
Ever tested for HIV	12	7	12	15	10	13
Agree, useful info to prevent STIs in health class	78	67	84	81	77	79
Agree, learned communication skills in health class	75	67	81	75	74	76
Agree, interesting activities in health class	53	43	61	53	56	51

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<i>Tobacco Use</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever smoked cigarettes	26	13	23	43	30	21
Smoked a cigarette before age 13	5	5	5	6	7	3
Used cigarettes, past 30 days	10	5	7	19	12	7
Current heavy use (more than 10 daily)	1	2	1	1	1	0
Current tobacco use on school property	2	2	2	3	2	1
Unsuccessfully tried to quit, among students who currently smoke, past year	50	56	45	51	49	49
Moderate or great risk of harm from 1+ pack daily	81	78	80	86	78	85
Smokeless tobacco use, past 30 days	3	3	3	3	3	1
Current cigar use, past 30 days	7	3	6	13	10	4
Parents disapprove of teen smoking	96	97	97	93	95	97
Access, I got them myself	5	1	3	11	7	3
Access, someone else got/gave them to me	4	2	4	8	5	3
<i>Alcohol Use</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever drank alcohol	47	22	48	71	47	46
Drank alcohol before age 13	12	16	10	9	12	11
Drank alcohol, past 30 days	24	8	22	43	24	23
Consuming 5 or more alcoholic drinks within 2 hours, past 30 days	14	3	10	26	15	11
Consuming more than 5 alcoholic drinks within 2 hours, past 30 days	9	2	7	18	11	6
Current alcohol use on school property	3	2	3	3	3	1
Agree, most/all young people my age use alcohol	26	2	25	51	23	28
Agree, alcohol is easy to get	46	27	53	59	43	49
Moderate or great risk of harm from 1-2 drinks daily	70	70	73	67	64	77
Moderate or great risk of harm from consuming 5+ drinks within 2 hours	82	81	83	82	78	87
Parents disapprove of teen drinking	90	95	90	85	91	90
Access, I got it myself	5	2	5	9	7	4
Access, someone else got/gave it to me	14	2	13	27	13	14
<i>Marijuana Use</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever used marijuana	28	9	27	47	30	24
Used marijuana before age 13	4	5	3	5	6	2
Used marijuana, past 30 days	13	4	12	22	14	11
Current marijuana use on school property	3	3	3	4	4	1
Risk of harm from regular marijuana use	55	70	53	41	47	62
Parents disapprove of teen marijuana use	92	96	92	89	92	93
Ever used cigarettes, alcohol or marijuana	52	27	54	75	53	50
<i>Other Drug Use</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Ever used inhalants	6	8	5	6	6	5
Used inhalants before age 13	4	5	2	4	3	3
Used inhalants, past 30 days	2	4	1	1	2	1
Ever used Steroids	3	3	4	2	3	1
Ever used ecstasy	5	3	5	7	5	4
Ever used cocaine	4	3	3	4	4	2
Ever used heroin	2	3	2	1	2	1
Ever used methamphetamines	3	3	3	3	3	1
Ever used hallucinogenic drugs	6	3	6	9	7	4
Ever used illegal drugs by needle	2	3	3	2	3	1
Ever used prescription drugs without a doctor's prescription	11	6	10	15	11	9
Ever used over-the-counter drugs to get high	9	6	7	13	8	8
Was offered or sold drugs at school, past year	14	8	17	18	15	12
Ever used any** illegal drug	31	13	29	50	34	28
Ever used other*** illegal drugs	19	14	17	28	20	17

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**Includes marijuana, inhalants, or any other illegal drugs.

*** Other than marijuana or inhalants

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<i>Weight Status</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Describes self as overweight	29	26	27	33	24	32
Trying to lose weight	45	44	43	50	31	58
Obese based on Body Mass Index (BMI)**	8	7	8	10	11	6
At-risk for obesity based on BMI**	23	21	22	24	26	20
<i>Use of Healthy Weight Loss Methods</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Exercise	58	56	60	60	53	64
Reduce calories and/or fat	41	36	40	48	30	52
<i>Use of Unhealthy Weight Loss Methods</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Fasting	8	10	8	8	5	10
Diet pills or liquids without physician's advice	5	4	5	6	4	4
Vomiting or misuse of laxatives	6	6	5	6	3	7
Any unhealthy weight loss method	12	12	12	13	8	15
<i>Food/Diet</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Less than 1 serving of 100% Fruit Juice per day, past week	75	74	73	77	71	78
No fruit, past week	8	9	9	7	10	6
Less than 1 daily serving of fruit, past week	47	45	46	49	49	44
5 or more servings of Fruits or Vegetables, past week	37	36	42	33	36	37
Drank no milk, past week	18	15	17	21	15	19
Fewer than 3 daily glasses of milk, past week	85	81	82	90	79	90
Two or more daily servings of soda, past week	8	10	8	8	10	6
Had breakfast fewer than 5 days, past week	38	32	37	44	38	38
Had breakfast 7 days past week	47	54	47	41	50	45
<i>Exercise & Activities</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Less than one hour of exercise per day on 5 or fewer days past week	56	47	52	66	49	61
Physically active 60 minutes, 7 days past week	22	24	25	17	27	17
Strength and toning exercise, 4+ times past week	37	42	41	30	42	33
Did not play on any sports teams, past year	40	31	36	51	36	43
Physically active outside 1+ hour, per school day	48	49	54	43	55	43
Physically active outside 60 minutes, 7 days past week	17	19	20	14	24	12
Watching TV 2+ hours per school day	23	23	23	23	25	21
Playing computer or video games 2+ hours per school day	26	24	25	27	30	21
Using electronic devices 2+ hours per school day	49	34	49	59	42	54
Total screen time 2+ hours per school day	78	71	77	84	77	78
Worked for pay, last year	59	53	52	71	55	64
Worked 11+ hours per week, past month	16	5	11	28	15	16
<i>Gangs</i>						
YRBS Question Description	All	Grade 8	Grade 10	Grade 12	Male*	Female*
Member of gang, past year	6	9	7	3	8	3
Friend(s) in a gang, past year	11	13	12	9	14	7
Gang members in neighborhood or school	16	17	16	15	16	14
Agree, safer in a gang	6	9	7	3	5	5
Agree, more likely to get hurt or get into trouble in a gang	72	65	72	76	66	77
Ever approached to join a gang	8	11	8	8	11	5

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**Student Body Mass Index (BMI) is calculated based on student self-reported height and weight.