

## Arlington Partnership for Children, Youth & Families

July 22, 2015

**Attendance:** John Andelin, Michael Brown, Bill Browning, Dave Carlson, Sheila Fleischhacker, Barbara Gomez, Judy Hadden, Anne O'Brien, Devanshi Patel, Anne Vorderbruegge, Mary Ann Moran, Mary Rouleau, Ryan Huaman, Rachel Harlan, Cintia Johnson, Sam Stebbins, Rick Strobach, Marion Harmon, Carisa Pineda, Christian Haase, Siobhan Grayson, Sally LaBonte, Kim Durand.

### Legislative Letter:

Based on the suggestions and comments APCYF received from members, Devanshi submitted a letter (attached) identifying some items we would support being included in the County's Legislative Package.

### Affordable Housing Update:

Mary Rouleau provided a wealth of information about Housing. Handouts are attached. The priority for the Alliance for Housing Solutions is education and advocacy. There will be a vote in September, but the County is still looking for input:

- Monday, July 27 6 – 9pm at Central Library
- Tuesday, July 28 12:00 – 3:00pm at Columbia Pike Revitalization Organization
- On-line forum taking place July 25 – August 1
  - <http://housing.arlingtonva.us/affordable-housing-study/affordable-housing-study-open-house-july/>

Affordable Housing Study homepage with links to everything!

<http://housing.arlingtonva.us/affordable-housing-study/>

Two draft policy documents posted for community review:

- DRAFT Affordable Housing Master Plan(version 5.1)
- DRAFT Implementation Framework 5.0 (version 5.0)
- Guide to Draft Versions

For additional information from Mary's organization:

<http://www.allianceforhousingolutions.org/>

If you'd like to be on the Alliance's e-mail update list:

<http://www.allianceforhousingolutions.org/update-email-profile/>

### Mental Health First Aid:

Christian Haase with the Behavioral Health Division joined us to talk about the Mental Health First Aid (MHFA) and Koginto Trainings that are being offered. Initially, these were advertised to providers through the Out-of-School Time Council's Brown Bag Series. The MHFA has been very popular, already training over 100 individuals. MHFA is an 8 hour training that goes into detail for

teachers, staff, other adults. This training is intended to help people identify youth that need help and how to get them connected to the professional help they need. Kognito is a 1-hour on-line training for teachers (but could be viewed by others as well). It gives some things to look for and some tips for how to get kids connected to counselors or other professionals that should be able to help them.

If anyone is interested in the Kognito Training, let Kim know and she can help set that up.

The MHFA Trainings will be offered to counselors through Jeff Carpenter and we will continue to work with Christian to schedule additional trainings that our members could sign-up for. We are also exploring adding additional trainers to help build our capacity to offer this to the wider community.

This is something that the Mental Health Workgroup discussed and supports as a strategy.

### **2015 Assets Data Results and Discussion**

See attached handouts of the Full Reports and a table of the trend data for grades 8, 10, and 12. At the meeting, we looked at the information and at first glance thought about what we read:

#### **Good News...**

- Some consistency
- positive internals up
- more peer / less individual emphasis
- 6<sup>th</sup> grade is up in more areas
- Caring is up
- Peer influence: up
- School controlled items: up
- ALL positive values up!

#### **Not So Good News**

- Positive identity (last 4) down
- Decreased reading
- Some of the CFAC's have gone down
- Parent involvement is steady
- \*Some haven't budged at all\*
- Community values youth low L
- 0.1 of an asset increase each year – 70 years to goal!

#### **What else should we dig into/think about as we move forward**

- Collective impacts
- Cultural shifts

- Make sure we're matching any "activities" w/ assets to accurately measure
- What stories are missing in the averages?
- Increase # of assets
- Significantly important? +/- 2 points > Valid statistically
- YRBS along w/ Assets

#### **Additional Notes/ Questions related to the Asset Data:**

- Compared to other communities was our asset movement different?
- What is considered statistically significant?
- Where are LGBTQ+ #s?
- Can we ask kids if they have heard of CFAC in the 2016 YRBS?
- Summary sheet needs additional analysis
- Need to analyze 2015 assets data by school and by subgroups and compare to previous years and help partnership & schools understand the significance of the data!
- How do we engage the community around all assets – pg 5 "Me and My World"
- Look at assets that the partnership can control: Parent involvement in school
- Creative activities: Grade 8, 10, and 12 show 18% while 6<sup>th</sup> grade 61%

#### **Work Group:**

Kim has named this the Assets Data Diggers – if you are available to DIG deeper into this data, please respond to this doodle to set a meeting:

<http://doodle.com/262r65kkif3dacq5>

#### Updates

##### **Teen Network Board**

Ryan highlighted a few of the activities that the TNB is working on:

- The Leadership Team has been meeting through the summer to prepare for the coming year.
- This coming year, they will be seeking a seat on the County Board, while supporting the Student Advisory Board in their efforts to get a seat on the School Board.
- Their kick-off event is on August 16 from 2:00-4:00
- They'll have 29 new members for a total of 47 currently, but they will open up the application process at the County Fair through September for any additional members.

##### **Community Engagement Process**

We will have a short blurb in the Arlington Citizen:

##### **APCYF Engaging with the Community**

*Strengthening our community and its network of supports.*

The Arlington Partnership for Children, Youth, and Families is a community-led advisory group of appointed members along with County and School staff. The Partnership identifies community needs through research and surveys; engages the community to find ways to meet the needs, and advocates for improved policies and programs.

Using student data, as well as data from around the state and county, the Partnership identified four priority areas:

- Bullying – in community and schools
- Childhood Obesity – prevention, ages 0-5
- Mental Health – depressive symptoms and suicide
- Positive Family Communications – parent/caregiver and child interactions

The Partnership brought together a wide range of stakeholders, including youth, into workgroups that gathered information and discussed strategies and barriers for positive change.

Recommendations include partnering with schools, county agencies and non-profits to provide:

- Conferences, workshop series, and/or activities for parents, providers and youth.
- Video messages via social media and websites.
- Presence at community events to increase awareness.

The Partnership will continue to seek input and advice from others in the community in order to make change possible for Arlington children, teens and families. We welcome any help that you can provide. Please share your thoughts, ideas, suggestions, or your expertise with us!

The Partnership is made up of 16 County Board appointed community members, if you are interested in joining, please attend a monthly meeting. We meet on the fourth Wednesday of each month from 6:00 – 8:00pm at Sequoia Plaza (2100 Washington Blvd).

Contact information: [www.apcyf.org](http://www.apcyf.org), Kim Durand, Coordinator at 703-228-1667.

## Spring Conference

We discussed names for the Spring Conference –

### Arlington ALL IN!

Tag lines could include:

- A community experience for teens and parents
- For parents and teens: Moving the Community Forward
- Learn Lead Succeed Conference
- Making Connections

Ideas to tailor the event: Have separate flyers for each group  
Publicize a hashtag: #ArlingtonAllIn

Create something to pass out at the County Fair.

### August 7, 8 and 9 – County Fair!

August 7<sup>th</sup> 4:00pm – 10:00pm

August 8<sup>th</sup> 10:00am – 9:00pm

August 9<sup>th</sup> 11:00am – 7:00pm

Use this link to sign-up:

[https://docs.google.com/document/d/1S81wZroQMGI0EtpbyZooDfL0-8TIXVwFnLpINP\\_EMoU/edit?usp=sharing](https://docs.google.com/document/d/1S81wZroQMGI0EtpbyZooDfL0-8TIXVwFnLpINP_EMoU/edit?usp=sharing)

Or e-mail Kim with your preferred dates/times.

**Our next meeting is August 26 6:00 – 8:00**

Potluck! **E-mail Kim what you'll be bringing**

Drinks

Side Dish

Main Dish

Dessert

APCYF has the paper goods and utensils.

**Here are some common acronyms we use:**

ACG – Arlington County Government

APCYF – Arlington Partnership for Children, Youth & Families

APS – Arlington Public Schools

CEP – Community Engagement Process

CFAC – Care for a Change

CFSD – Child and Family Services Division

CIS – Communities in Schools

CSB – Community Services Board

DPR – Dept of Parks & Rec

DHS – Dept of Human Services

ECC – Early Childhood Committee

FACE – Family and Community Engagement

FYI – For Your Information

MHFA – Mental Health First Aid

MOU – Memorandum of Understanding

OST – Out of School Time Council

OSTNG – Out of School Time Network Group

PFC – Positive Family Communication

PIP – Policy Implementation Procedure

READY – Reduce or Eliminate Alcohol Use by Youth

SHAB – School Health Advisory Board

SRO – School Resource Officer

TNB – Teen Network Board

UUCA – United Universalist Church of Arlington

**Staff:**

General Information, Presentations or Other: **Kim Durand**, Coordinator 703-228-1667

Teen Network Board: **Siobhan Grayson**, Youth Outreach 703-228-1506

Website Updates and Information: **Sally LaBonte**, Website 703-228-1669

Developmental Assets: **Michael Swisher**, Assets Liaison 703-228-1671