

Bullying Workgroup
May 13, 2015
Notes

Attendance: Michael Brown, Kevin Clements, Stephen Cottingham, Shirley Doswell, Kim Durand, Jon Etherton, Sheila Fleischhacker, Siobhan Grayson, Anne O'Brien, Manuel Vicens, Margo Watters, Nick Walkosack

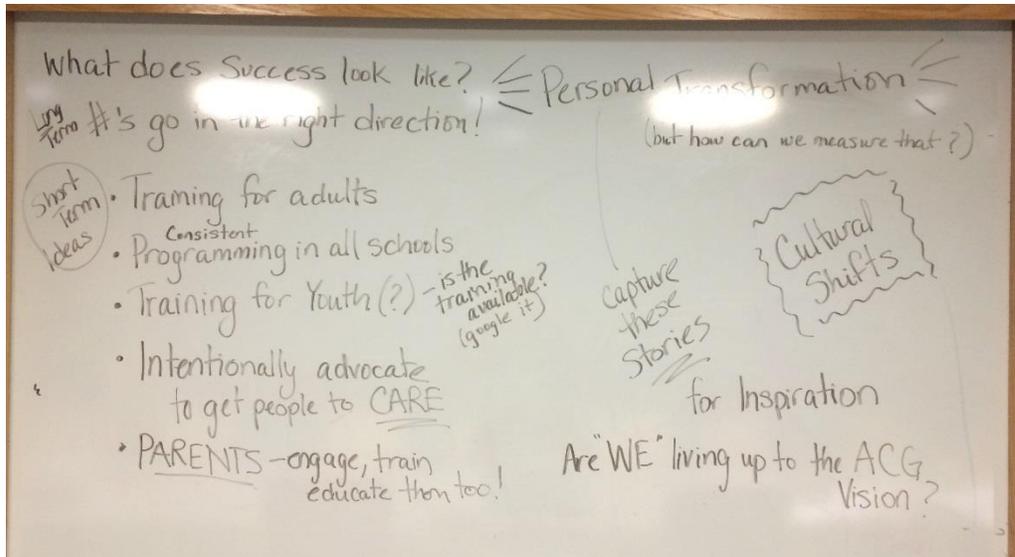
During this meeting, we added ideas and information to the existing list from April 13. This compilation of information is grouped into ideas, links to programs to research, and some questions we'll need to have answered as we move forward.

(NOTE: we did not talk specifically about barriers during this meeting)

We determined that our next meeting date would be set by a poll. Click on the link to help us pick the best next date to meet. **Please respond by Monday so we can set a date.**

<http://doodle.com/icm2uhhv768nv5qp>

Focus & Goals:



Do we want to prevent or intervene? The answer to that question might help us focus on an age range.

Do we want to focus on in-school working with APS, or do we focus on community and work with out-of-school (OST) time providers and parents?

- Find the best practices and duplicate it in all of APS and OST

We want to make an environmental change AND personal transformation

Questions we have -

Can we get additional data on the TYPES of bullying?

Where does Mental Health fit in with bullying data?

Ask APS about the reporting of the data – is it on the Dept of Ed site? How is it used? Is it underreported?

Ideas to consider -

Framing the message so they (kids) understand

What does it look like at different ages?

Talk to groups of teens – peer-to-peer, kids supporting each other

How can we connect programs to develop a continuum? And develop *consistency*?

Take the training on the road – go where people already are

Train the trainer to build capacity

Provide a list of things to look for so that adults can help identify

Bullying Initiative (a hotline?)

Family/Parent Component

How should we measure these programs – what are the outcomes?

OST Professional Development – have a bullying session (working on it!)

What is Bullying to us?

- Hurtful
- Humiliation
- If unchecked has long term effects
- Repeated and constant, ongoing
- Perceived power, manipulation
- Intentional
- Bullyer may not be aware that they are bullying
- Bullying and special populations, an issue to address
- Exclusion
- “Group think” mentality

Programs that exist: There are lots to review!

BullyBust: Promoting a Community of Upstanders is a nationwide bully prevention campaign that supports students and adults to become “upstanders”—people who stand up against bullying or mean/cruel behavior, and mobilize the entire community to end harmful harassment, teasing, and violence in our nation's schools. Join BullyBust to make your voice count! Through this site, you will have an opportunity to SHARE your stories (hyperlink to Upstander Heroes page), [PLEDGE your commitment](#) to the cause, ACCESS key resources for [students](#), [parents](#), and [educators](#), and [CREATE a school-wide effort](#) of hope and solidarity. Together, we can put an end to bullying!

<http://www.bullybust.org/>

Upstanders at Wakefield Project Upstanders is a youth group that stands against bullying and protects the rights and dignity of fellow students. More than 125 Wakefield students have undergone intensive, day-long training to learn positive pro-social skills they use to combat bullying, harassing, stereotypical and prejudicial behavior among their peers. The

James B. Hunter Human Rights Awards are sponsored by the Arlington County Human Rights Commission. <http://arlingtonva.tv/wakefield-hs-upstanders-receive-hunter-award/>

Sandy Hook Promise – No One Eats Alone

http://www.sandyhookpromise.org/community_connectedness_community

Teaching Tolerance: A place for educators to find thought-provoking news, conversation and support for those who care about diversity, equal opportunity and respect for differences in schools

<http://www.tolerance.org/>

It Gets Better Campaign's mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them.

<http://www.itgetsbetter.org/>

Boy Scouts Bullying Prevention Resources:

<http://www.scouting.org/Training/YouthProtection/bullying.aspx>

Girl Scouts Bullying Prevention:

<http://blog.girlscouts.org/2013/05/girl-scouts-launches-bff-bully.html>

Prevent Bullying <http://www.stopbullying.gov/prevention/>

Parents, school staff, and other adults in the community can help kids prevent bullying by talking about it, building a safe school environment, and creating a community-wide bullying prevention strategy. Find out what you can do.

The Bully Project and The Bully Movie: http://www.thebullyproject.com/about_film

An article on **Little League and Bullying:** Understanding Proven Methods to Preventing Bullying and Hazing

<http://www.littleleague.org/learn/newsletters/CBNewsletter/2014/cbfeb14/preventing-bullying-and-hazing.htm>

Central Library Books to Help Kids Cope with Bullying:

<http://library.arlingtonva.us/2012/09/24/picture-books-about-bullying-ys-collection-spotlight/>

Violence Prevention Works:

<http://www.violencepreventionworks.org/public/bullying.page>

Suggestions from the April 13th Meeting:

Preventing Bullying at **Montgomery County Public Schools:**

<http://www.montgomeryschoolsmd.org/info/bullying/>

Best Buddies Programs are at all of our High Schools:

http://www.bestbuddiesvirginia.org/site/c.bgLLI1OIKtF/b.1069107/k.3F25/WE_ARE_BEST_BUDDIES8482.htm

Start by believing <http://www.startbybelieving.org/>

Start by Believing is a public awareness campaign uniquely focused on the public response to sexual assault. Because a friend or family member is typically the first person a victim confides in after an assault, each individual's personal reaction is the first step in a long path toward justice and healing. Knowing how to respond is critical—a negative response can worsen the trauma and foster an environment where perpetrators face zero consequences for their crimes.

You Have Options: <http://www.reportingoptions.org/>

The You Have Options Program focuses on changing two fundamental elements in the law enforcement response to sexual violence

Increasing the number of victims who report to law enforcement, and thoroughly investigating identified offenders for serial perpetration.

FIND MORE AND SHARE YOUR FAVORITES:

And then I just googled Bully Prevention and there were TONS more to sites to check out! If you find something good, let me know.